



Change Management

1 Full Day

9:00am – 4:00pm



Course Details:

Booking Information:

To reserve a place in this course please contact Envisage Training or visit our website to enquire online.

Envisage Training:

- Computer Training
- ICT & Software Applications
- Instructor-Led Online Training
- Professional Development
- Room & Equipment Hire
- Training Needs Analysis

Delivery Modes:

- Scheduled Courses
- In-House & On-Site
- Instructor-Led Online Training
- Customised Courses



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Last Updated: Feb 2009

Duration:

1 Full Day

Who should attend:

This one day course is ideal for managers who traditionally have had the task of contributing to the effectiveness of their organisation while maintaining high morale. Today, these roles often have to be balanced off with the reality of implementing changes imposed by senior management. Managers who have an understanding of the dynamics of change are better equipped to analyse the factors at play in their own particular circumstances, and to adopt practical strategies to deal with resistance. This one-day workshop will help you deal with change and will give you strategies to bring back to your employees.

Topics Covered (Content can be customized):

- The change process
- The pace of change and the pace at which people adopt change
- The pyramid response to change
- Resisting and welcoming change
- The Four-Room Apartment of change and how to use it
- Managing anger
- Dealing with stress
- An action plan for success

Learning Outcomes & Benefits

- Accept that there are no normal or abnormal ways of reacting to change
- See change as an essential element that is positive
- Recognise that adapting to change is all about attitude
- Identify the stages of change we go through as we learn to deal with change
- See change as an opportunity for self-motivation and innovation
- Develop strategies for dealing with and accepting changes in your organisation